

TFocus 2: Career Readiness

Please complete the Focus 2 assessment and complete the following worksheet. To access Focus 2, visit <http://www.marymount.edu/Academics/Services-Resources/Center-for-Career-Services/Explore-Careers/Self-Assessment> and click on "Create your free account." Use the access code "saints" to begin the form. Please allow 1.5 hours to complete this assignment.

1. Was determining your career/educational goals difficult? Why or why not?

No, since I've spent countless hours figuring out what major was best suited for me, it was fairly easy.

2. How can you use your academic strengths to help you achieve your career/educational goals?

Since my major is graphic design, i feel as if it is very effective to have a art class. I already have basic knowledge in art so my designs would be more clear and artistic.

3. What academic skills might you want to focus on building up, keeping in mind your career/educational goals?

My writing skills are the one academic skill that is necessary for my major.

4. How might your previous accomplishments and work/educational experiences support your career/educational goals?

I've had two years of experience in graphic design, throughout those two years, i've done countless projects and about 3 internships. This gives me an advantage in the competitive world.

5. The area of career planning that you had the lowest score in is ___carrer satisfaction_____. **List three ways** you might increase your rating of this scale:

I feel as If I found a job to satisfy my needs, it would complete this topic, therefore, giving me a job that I'm proud of.

6. Based on the evaluation of your career readiness, **list** some “next steps” that will help you use Marymount student services to achieve your career/educational goals.

I could talk to my adviser or Major professor to find the best way to learn effectively.

Focus 2: Self-Assessment

Table 1. Write down your assessment results in the spaces provided.

| Top three Work Interests: | Top three Skills: | Top three Values: | Top three Leisure Interests: |
|----------------------------------|--------------------------|--------------------------|-------------------------------------|
| 1. multimedia designer/ animator | 1. designing | 1. Artistic Creativity | 1. Reality |
| 2. art director | 2. listening | 2. Creativity | 2. Aesthetics |
| 3. graphic designer | 3. problem solving | 3. Income | 3. Inquiring |

Three words that describe your **Personality Type** are (in your words):

___ Innovative _____ ___ Independent _____ ___ Listener _____

1. Do you think your top three **work interest** results accurately describe you? Why or why not?

they found that i have an artistic drive, which i find true, since my major is graphic design .

2. What do your top three **work interest** results tell you about the kind of majors/jobs you might enjoy?

Yes, Animation, art director, architect and many others.

3. Do you agree with the description of your personality type? Why or why not?

I do, I agree because they understood that i have a creative mind and like to work alone on a project.

4. What are some of the challenges you may face at work or in school because of your personality type?

Expressing my interest in different topics, because most people who aren't into art don't have a mind that thinks like an artist, which would be hard for me to explain my reasoning behind things.

5. How can you use your personality type to your advantage at work and in school?

In group projects, I always have an idea to base my work off, which is very helpful if a fast pace environment.

6. Why did you choose the skills you listed above as your top three?

They are the three that look for most in a job.

7. What type of work/activities might you enjoy based on your top skills?

Art related activities

8. What do you think your top three values say about the kinds of work environments/activities you might enjoy?

9. How might you incorporate your **leisure interests** into your career/educational goals? (*hint, activities, service opportunities, skill-building, etc.)

Get things done on time and have them done very professionally.

Focus 2: Majors and Careers

Table 2. Write your top three favorite majors and occupations returned from each assessment scale in the appropriate boxes below. **Circle** any majors/occupations that appear more than once on the table.

| Scale Category | Work Interests | Personality Type | Skills | Values | Leisure Interests |
|-------------------|---------------------|------------------|--------------|----------------------|-------------------|
| Majors | 1. animator | 1. creative | 1. adobe | 1. effective work | 1. eager |
| | 2. graphic designer | 2. outgoing | 2. adobe | 2. income | 2. correct |
| | 3. art director | 3. organized | 3. fine arts | 3. effective outcome | 3. planning |
| Occupations | 1. | 1. | 1. | 1. | 1. |
| | 2. | 2. | 2. | 2. | 2. |
| | 3. | 3. | 3. | 3. | 3. |

10. What majors/occupations were listed most frequently on your table?

Art director, Animator, Graphic Designer, Architect

11. What do the majors/occupations you listed have in common?

Ability to use the adobe software

12. Which majors/occupations do you feel most drawn to? Least drawn to? Why?

I'm Most drawn to Animator or Architect

13. What might you do to learn more about these majors/occupations?

Do more research to see which satisfies my needs in a job.

For more help understanding self-assessments and career development, contact Marymount Center for Career Services:
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